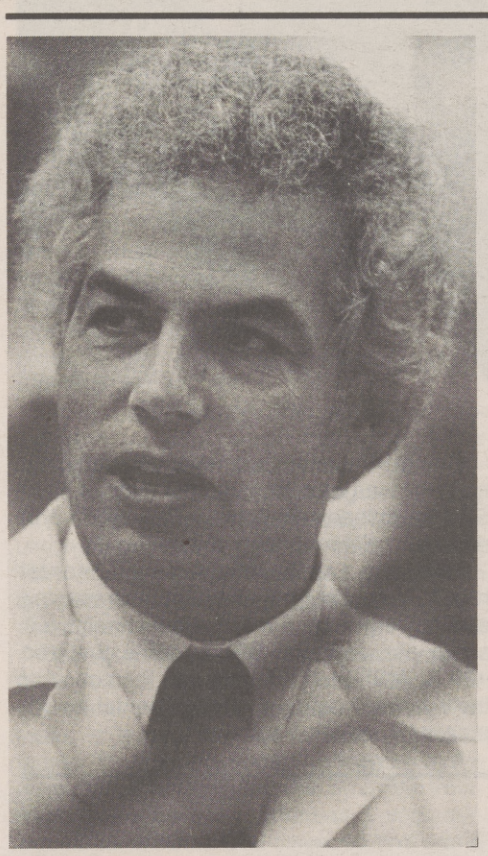
Volume 8, Number 15 September 11-24, 1993

UCSF Newsbreak



Prusiner to receive Gairdner Award

Neurological biochemist Stanley B. Prusiner is one of five winners, all from the US, who will receive the 1993 Gairdner Foundation International Awards on Friday, October 22, in Toronto.

The prestigious awards recognize important discoveries in the field of medical science, and 40 past recipients to date, including UCSF's J. Michael Bishop and Harold Varmus, have gone on to win the Nobel prize.

A professor of neurology and biochemistry, Prusiner has determined that certain rare human neurodegenerative diseases and similar, more common animal diseases are caused by a unique infectious particle called a prion. Unlike other pathogens, such as bacteria and viruses, the prion contains no genetic material; it is mostly protein.

Prusiner demonstrated that the prion is the infectious agent that causes scrapie, a disease of sheep and goats, and kuru, a rare, infectious illness afflicting New Guinea natives who until recently had a tradition of cannibalizing their relatives' brains.

He and his colleagues have discovered a rare inheritable human disease caused by a single-point mutation in a normal human gene, which results in a neurodegenerative disease similar to the infectious prion disease forms. They have determined further that infectious prion proteins have the same series of amino acids as normal proteins of unknown function. These normal proteins have been found

(continued on page 3)

HBO Sept. 11 movie on AIDS beginnings

HBO's presentation on Saturday, September 11, at 8 p.m. is the debut of a movie based on author Randy Shilts' book *And the Band Played On*, described as a painfully honest account of the first years of the AIDS epidemic in America.

The film, with references to UCSF/SFGH physicians, features Matthew Modine as Don Francis, a physician who left the Centers of Disease Control to take a job at Genentech in order to try to develop an AIDS vaccine; David Dukes as Mervyn Silverman, UCSF clinical professor who was then head of SF's health department; Angelica Huston, who plays a UCSF pediatrician treating an AIDS-infected infant; and Lily Tomlin as SF public health official Selma Dritz.

Other show dates include September 14, 17, 19, 22, 26 and 30.

UCSF managers, supervisors now being briefed

Sexual harassment prevention

Jessica just returned from a great vacation. Paul is a good friend of hers at work. Her first day back on the job Paul gives her a big hug welcoming her back. Alan, another co-worker, who has been making subtle advances at Jessica for the past several months, sees this and says, "Hey, where's my hug?" He then proceeds — against Jessica's wishes — to hold her very close in a long embrace. A case of sexual harassment or just poor judgment on Alan's part?

Sexual harassment is a difficult issue to address, primarily because men and women tend to view it differently. Many men tend to underestimate its prevalence and downplay its existence, while most women are likely to view it as a more serious problem.

The fact remains that sexual harassment does occur in the workplace ... and on this campus. The fact also remains that most people do not seek out information about sexual harassment. They feel that it has not, and will not, affect them, or they know everything they need to about it, or that complaining about it might even cost them their job.

Sexual harassment is not about men against women as enemies. It is an issue of mutual respect. While 90 percent of sexual harassment is men to women, it does occur between the same gender and women to men.

How widespread is sexual harassment? The absence of complaints does not necessarily mean the problem does not exist. And institutions, including UCSF, are trying to do more than just wait for charges of sexual harassment to be brought.

UCSF has had a sexual harassment policy in place for the last several years. But our policies and procedures are being revised to reflect a better understanding of the issues, concerns, national policies and procedures and the general scope of thinking that exists today.

"It is essential that all of our employees be educated about and become aware of the pitfalls of sexual harassment," says Alma Sisco Smith, who was appointed the campus sexual harassment prevention coordinator earlier this year. To that end, UCSF is in the middle of a "Sexual Harassment Education & Awareness Program," which includes a series of management briefings on "Creating & Promoting a Work Environment Free of Sexual Harassment."

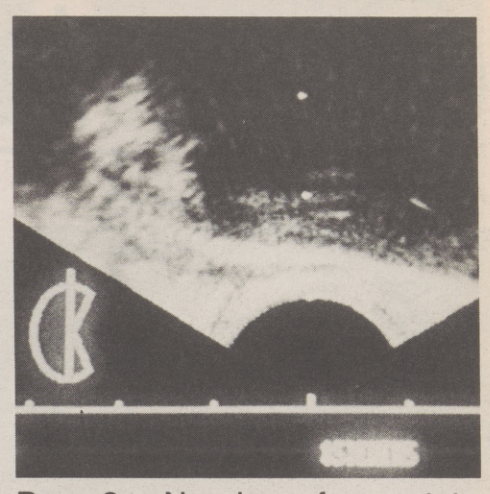
The briefings are run by Trisha Brinkman of Brinkman & Associates, a consultant to UCSF, who focuses on definitions relevant to sexual harassment, how to identify and eliminate subtle-to-blatant sexual harassment, the legal responsibilities of management, as well as trying to understand the impact of cultural and gender perception differences.

"We need to get to the point where we can recognize sexual harassment and work on the problem sooner rather than later," says Smith. "The general opinion is that when it gets to the lawyer stage everyone loses."

In order to better accommodate those managers and supervisors in some of our satellite locations, the next session on Monday, September 27, from 10:30 a.m.-12:30 p.m. and 1:30-3:30 p.m. will be telecast live to four satellite locations — Mount Zion, SFGH, MCB and the VAMC. If you would like to attend, you should call your personnel manager: Mount Zion — David Odato, 885-7758; SFGH — Cathryn Thurow, 476-2474; and MCB — Catharine Irwin, 476-0434. The VAMC's satellite equipment was damaged during the 1989 earthquake and is in the process of being repaired. UCSF managers and supervisors at the VAMC should call Jean Marie Brown at 750-4202 by Monday, September 20, to make sure the telecast is still on.

"We are using the campus administrators' list to stagger the meetings between all managers and supervisors rather than going department by department," says Smith. The first session was in July, and by the end of October the educational phase for all supervisors and managers should be completed. "Then we will begin a series of open forums at various facilities for staff employees," says Smith. "Students, residents and postdocs

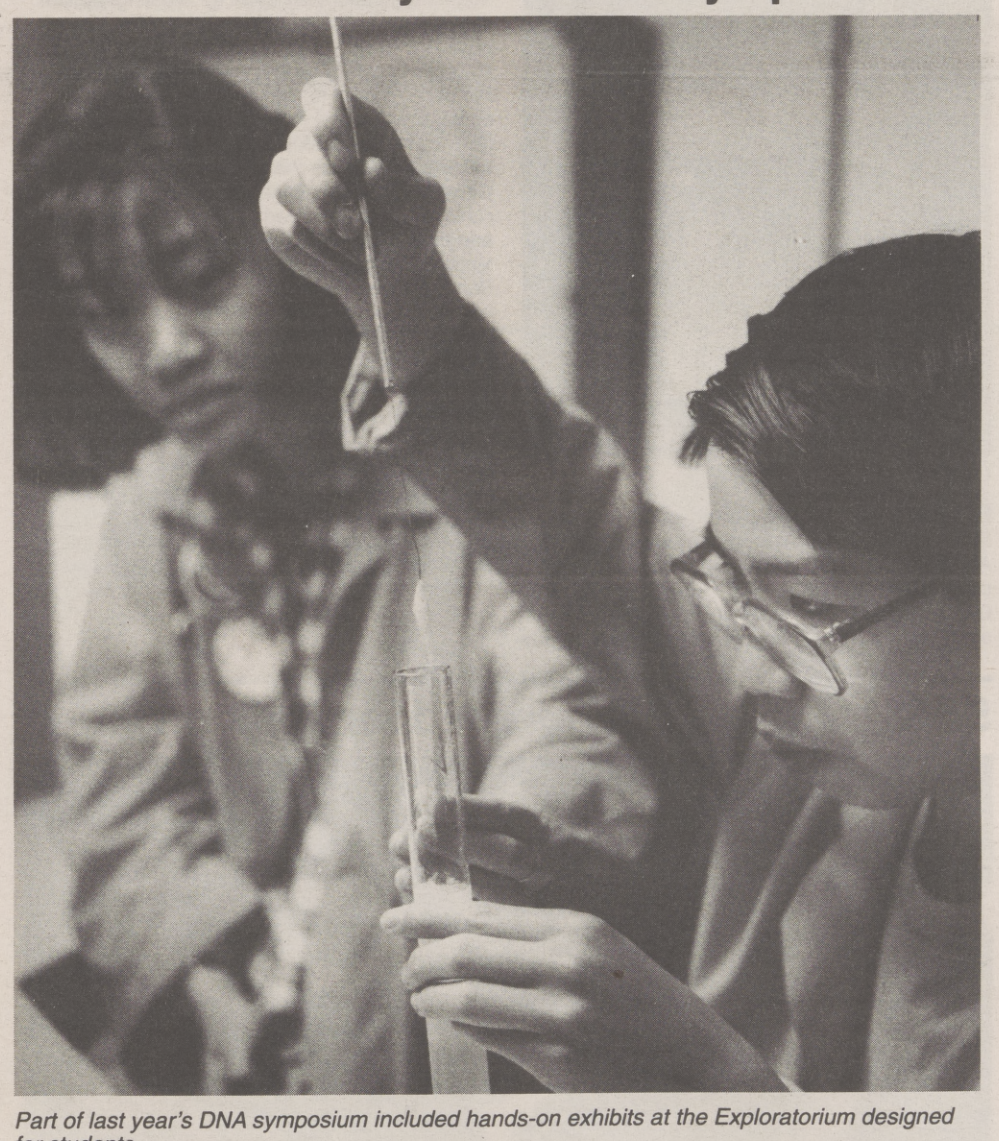
(continued on page 6)



Page 3 ... New hope for prostate cancer patients

The ripple effect

On the anniversary of the DNA symposium



Part of last year's DNA symposium included hands-on exhibits at the Exploratorium designed for students.

It was just a year ago that UCSF sponsored the symposium "Winding Your Way Through DNA." The subject was genetics and the object public education.

Attended by 1,200 people and viewed by another 4,000 via satellite across the country, the symposium featured many noted speakers — including Nobel laureates James Watson of Cold Spring Harbor, Harold Varmus of UCSF (whose inspiration it was to have such a symposium), and Paul Berg of Stanford; as well as UCSF's Herbert Boyer.

The goal of the conference was to explain the scientific details of the genetics revolution and demonstrate how it has transformed — and will continue to transform — our lives. It seems to have achieved that goal ... and then some.

Since that September weekend, the symposium has gone on to win two bronze medals from the Council for the Advancement & Support of Education (CASE) — one for special programs, the other for a special programs publications package — as well as an excellence in special programs award from the Association of American Medical Colleges (AAMC).

Varmus and the symposium planning team also have been entered in the 1993 AAAS (American Association for the Advancement of Science) Award for the Public Understanding of Science & Technology.

Nearly 400 videotape sets of the proceedings have been sold worldwide. "This is an incredible response," says Valli McDougle of Public Affairs, symposium manager and executive producer of the event. McDougle says the requests for tapes are coming from a wide variety of groups and individuals — from federal and state agencies such as the US Department of Agriculture and The Library of Congress, to libraries, a biotech company in Great Britain, and an interactive learning service in the Netherlands. "We just sold one to a teacher at San Jose State who teaches nutrition. She bought it with her own money.

"We should have had a clue that the tapes would be popular when our first customer was a professor in Turkey. Cold Spring Harbor Laboratory Press, which is distributing the tape, said that the response is equivalent to a good selling book," McDougle says.

So, what does the future hold? McDougle says that UCSF presently is working with a team of high school and college teachers, scientists, biomedical ethicists and historians to develop educational videotapes and related curricula for classroom use and public education programs. They will be based on topics covered in the symposium, but will be newly produced. Now that Harold Varmus has been nominated to head the NIH, Elizabeth Blackburn, the new chair of microbiology/immunology, is overseeing the educational videotape development team.

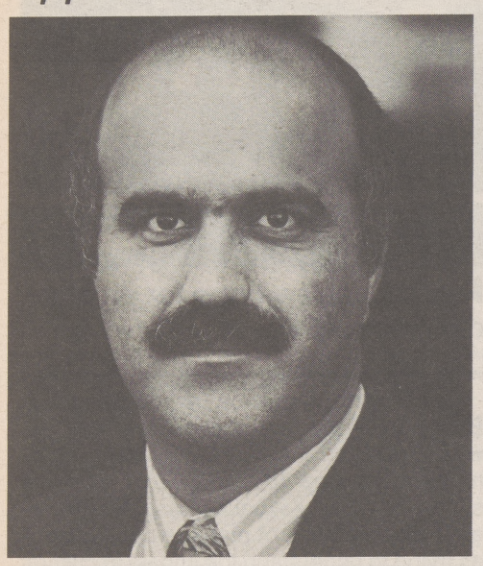
"We've also had some success in getting private funds to help us with our productions," says McDougle. "And we now are applying to the National Science Foundation."

In terms of future symposia, McDougle says that while it's in the very early planning stages, there has been some talk about having a two-day, hands-on DNA fair at the Moscone Center in 1995, perhaps jointly sponsored with other institutions. "It would be on a larger scale with a lot of different kinds of activities, and, of course, would be open to the public," she says.

"I suppose once a pebble is thrown into the pool, you never know for sure how far the ripples will extend," says McDougle.

Gazette

Appointments



Tahmassian

Ara Tahmassian: Appointed acting director, environmental health & safety (EH&S). A radiation safety expert, he has the broad experience in environmental safety issues that will enable him to maintain the high standards of EH&S and to uphold UC's commitment to employee and community safety. He plans to work with a committee of faculty and staff and outside consultants to review his office's operations and procedures, but expects no major changes in the way the staff serves the campus and the community. Tahmassian, who has served as chief of EH&S at the VAMC, came to UCSF in 1988 to restructure the radiation plan, which has become a model for other institutions. He replaces J. Leroy Balzer, who is retiring after making UCSF the first university in the US to conduct a comprehensive environmental assessment to measure as many factors as possible that could affect the environment in the area surrounding its primary site. Balzer helped the campus earn a reputation for operating with the highest commitment to safety and compliance with government regulations.

Three UCSF faculty members elected to American Lung Association/SF posts

Blanc, Carrieri-Kohlman, Lipscomb

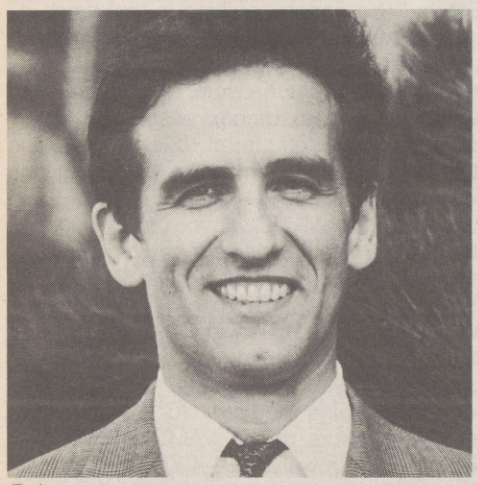
Paul D. Blanc, Virginia L. Carrieri-Kohlman and Jane A. Lipscomb recently were elected officers of the American Lung Association of San Francisco (ALA/SF).

Blanc, assistant professor, medicine, and acting chief, occupational & environmental medicine, was elected president of the association. Blanc, whose research interests lie in responses to acute inhalation exposures, plans to focus on developing programs to help build the association.

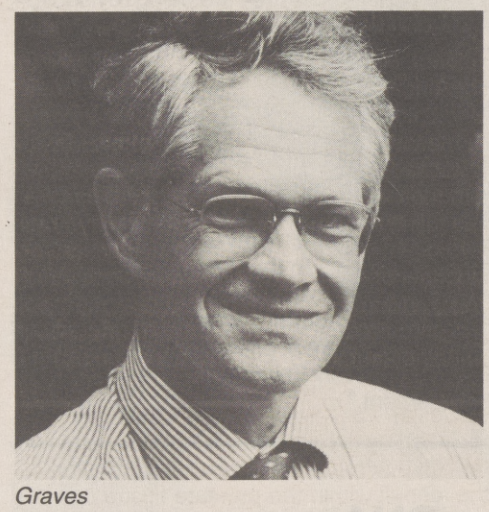
Carrieri-Kohlman, professor, physiological nursing, was elected vice president of ALA/SF. Her research focuses on education and research related to lung diseases.

Lipscomb, assistant professor, mental health, community & administrative nursing and epidemiology & international health, will serve as secretary. She became involved with ALA/SF as a member and then chair of the occupational and environmental health program's advisory panel.

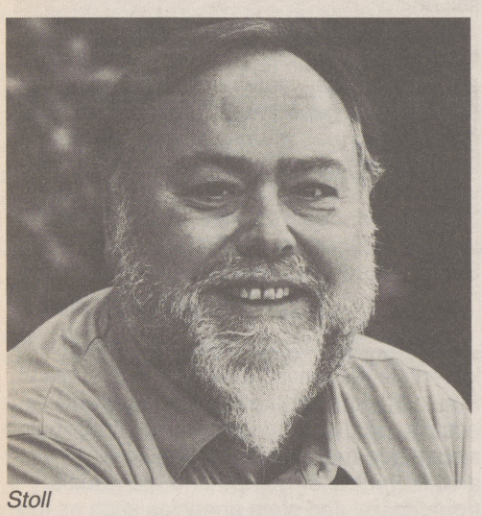
Honors & Awards



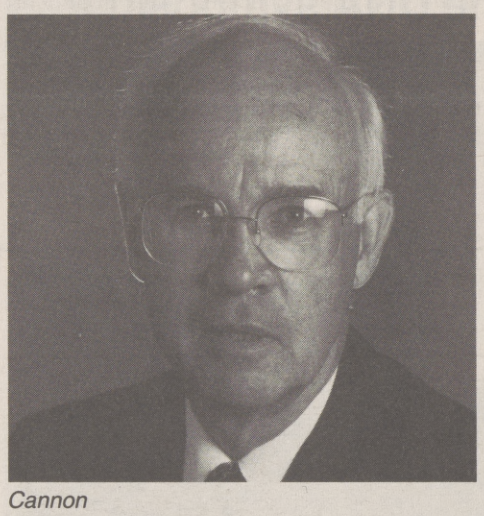
Paiement



Graves



Stoll



Cannon

Guy D. Paiement: Received the first annual James Morris Award, given by the graduating Orthopaedic Surgery residents to the faculty member demonstrating the greatest sense of compassion and caring in dealing with patients. The award is named for the former orthopaedic surgery faculty member who died earlier this year. Paiement is chief, orthopaedic surgery, SFGH.

James L. Stoll: Elected president, American Civil Liberties Union/San Francisco chapter (ACLU/SF). Stoll has been raising funds for the chapter, most recently inviting his former classmate Robert Fulghum, author of *All I Really Need to Know I Learned in Kindergarten,* to make an appearance at a September 28 ACLU/SF benefit. Stoll is community liaison & dissemination coordinator, LPPI Treatment Research Unit.

W. Dilworth Cannon, Jr.: Elected president, Arthroscopy Association of North America. Cannon is director, Sports Medicine Center; professor, clinical orthopaedics & orthopaedic surgery.

Thomas E. Addison: Named president, California Thoracic Society, the medical section of the American Lung Association of California. Addison has been a member since 1974 and, besides serving on several committees, has served as the Society's secretary and treasurer. Addison is clinical professor, medicine, UCSF/Mount Zion.

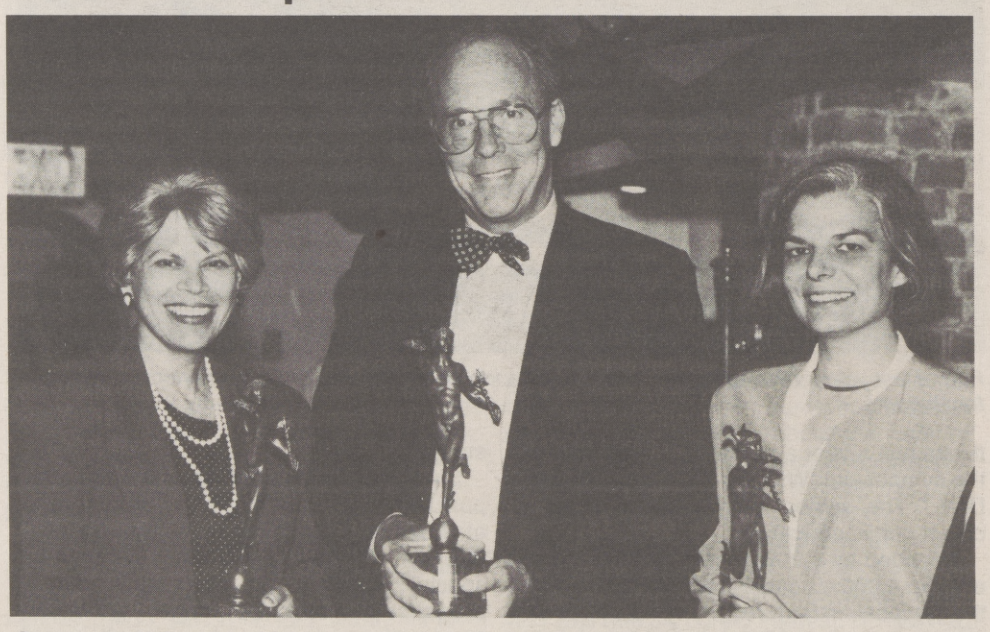
Julius R. Krevans: Named to the Exploratorium Board of Directors, bringing to the group his expertise in such areas as science, administration, health and biotechnology. Krevans is chancellor emeritus.

Russell A. Lemesh: Elected fellow, American College of Physicians, an honorary designation recognizing scholarly and professional achievements in internal medicine. Lemesh is assistant clinical professor, medicine.

Gaylene Becker: Chosen member, Human De

Howard C.B. Graves: Selected as a member, Subcommittee on Developing Prostate Specific Antigen Reference Material Specifications, National Committee for Clinical Laboratory Studies. Graves is assistant professor, medicine; associate physician, emergency services, SFGH.

SFGH HIV experts honored for work on video



Constance Wofsy, John M. Luce and Juilie L. Gerberding (left to right) received individual FREDDIES for their work on HIV & the Health Care Worker, *a video discussing preventing HIV-infection among health care workers. The awards were presented in the Preventive Medicine category of the 1992 International Health & Medical Film Festival. The video, which was produced by Glaxo Inc.'s Medical & Professional Education Department, also has been honored with a Golden Eagle from the Council on International Events. Wofsy is co-director, SFGH AIDS Activities Program; professor, medicine; and assistant chief, infectious diseases. Luce is associate director, Medical-Surgical Intensive Care Unit, SFGH, and associate professor, medicine and anesthesia. Gerberding is director, Center for Hospital Epidemiology/Infection Control, and assistant professor, medicine, SFGH.*

In Memoriam

Mary D. Olney: Former clinical professor, pediatrics; former chief, pediatrics, SFGH. A 1932 School of Medicine graduate, she retired in 1975, but remained an active member of the pediatrics faculty until 1992. Olney, who founded and served as executive director for the Diabetic Youth Foundation, is known for creating the first summer camp for diabetic children who, due to public ignorance, had been barred from regular summer camps. She and her colleague, Ellen Simpson, sought to help diabetic children become carefree and to teach them the skills for life-long management of their disease. Besides helping to establish the Marilyn Reed Lucia Child Care Study Center, Olney developed the first clinics at UCSF devoted to pediatric cardiology and pediatric diabetes. Among her many honors were the UCSF Alumna of the Year Award, the San Francisco Foundation's award for outstanding citizenship and the UCSF Medal. She was 85. Memorial donations may be sent to the Mary Olney Memorial Fund for the Child Care Study Center, UCSF Development Office, Box 0248, San Francisco, CA, 94143-0248, or to Canine Companions for Independence, 1215 Sebastopol Road, Santa Rosa, CA, 95407.

Rainer G. Arnhold: Clinical professor, pediatrics and epidemiology & biostatistics. A 1952 School of Medicine graduate, he served as a consulting physician in the pediatrics clinic at SFGH, working with interns, residents and students. He also worked as an attending physician in the tropical medicine clinic and taught courses in pediatric health in the tropics and maternal and child health in developing countries. In 1962, he embarked on 30 years of teaching, medical care and research in developing countries, first in Peru, followed by Uganda, Nigeria, Bangladesh, Cameroon, India, Pakistan, Somalia and eventually Bolivia, where he died while working with UCSF medical students in that country's rural areas. He had planned to continue his work by traveling to Kenya. Arnhold helped develop programs to feed the malnourished in these countries, particularly children, and, while in Nigeria, developed a method to screen large populations for malnutrition. He was 69. Memorial donations may be made to the Rainer G. Arnhold Pediatric Travel Fund, c/o UCSF Development Office, Box 0248, San Francisco, CA, 94143-0248.

Wiley C. Herring: Administrative analyst, orthopaedic surgery, SFGH. He had been with the department since 1986, where he saw to the smooth operation of the office by handling data collection and retrieval, arranging meetings, preparing reports, working with the coordinator of the basic science program and scheduling guest speakers and onsite inspections. In addition to maintaining close contact with the UCSF Risk Management Department, Herring was the primary contact with the District Attorney's Office and handled subpoenas of faculty and residents. He also handled special projects for the chief of the service. He was 57. Memorial donations may be made to the Volunteers to SFGH, Attn: Kim Dunster, 1001 Potrero, NH, Rm. 7F10, San Francisco, CA, 94110.)

UCSF *Newsbreak*

(ISSN0891-6063) Volume 8, Number 15, September 11-24, 1993. Published by the University of California, 3333 California Street, Suite 103, San Francisco, CA, 94143-0462, 21 issues per year — biweekly, except monthly June, July, August and December. Second-class postage paid at San Francisco, CA. POSTMASTER: Send address changes to UCSF Newsbreak, Public Affairs, University of California, San Francisco, Laurel Heights, 3333 California Street, Suite 103, San Francisco 94143-0462.

Deadline for the next issue, which will cover September 25-October 8, will be on **Tuesday, September 14, at 11 a.m.** Please send campus news copy to Allen Balderson (476-3163), Medical Center news to Dawn Finch (476-3256), and calendar and gazette items to Michele Firpo (476-3257), all at Box 0462; fax 476-3541. Last-minute copy may be taken over the telephone by calling the above telephone numbers. The University of California is an affirmative action/equal opportunity employer.

Editor: Allen J. Balderson
Medsounds: Dawn Finch
Calendar, Gazette editor: Michele Firpo
Desk Topper: Michele Firpo
Assistant Editor: Daniel Rowe
Contributing editors: Andy Evangelista, Patricia Forsyth, Bill Gordon, Corinna Kaarlela, Jeffrey Norris, Emily Pearce, Ruthann Richter, Alice Trinkl
Photography: Mikkel Aaland (1,3), Allen J. Balderson (2,6), Bruce Cook (1,3), Dawn Finch (7,8), Michele Firpo (2), David Powers (1), Jan Standerfer (2), Tom Wachs (3)

Judith Woodard, director, Public Affairs
Carol Fox, Jeff Miller, assistant directors, Public Affairs

UCSF research productivity — in a class by itself

How productive are UC faculty as scholars relative to their counterparts across the US? And how productive are UCSF faculty compared to colleagues at other UC campuses?

In a work in progress, two historians — Hugh Graham at Vanderbilt and Nancy Diamond at the University of Maryland — may have shed some light on both questions.

"The UC system is terrific," said Diamond in a recent telephone interview with the editors of *Notice,* a publication of the UC Academic Senate. "It's almost out of the other publics' league." The research productivity data collected by these two historians makes it clear that UC is the nation's greatest public university.

In terms of comparisons among UC campuses, the Graham/Diamond report puts UCSF in a very specialized category because it is clearly "off the charts." And when they compare UC with the top 10 US public institutions in federal research and development funding, UCSF has an "astounding" average of $298,000 per faculty member per year compared to the next highest — UC San Diego — with $187,000 and Georgia Tech with $88,000.

Graham and Diamond focused on comparing public universities with each other, rather than publics with privates. (The median research and development funding for Harvard, MIT, Stanford and Yale is $155,570 per faculty member, about half the UCSF figure.) Their findings will be published next year in the book *The New American Research University.*

Ratings are being established not by reputation ratings, but instead by comparing five numerical indexes of productivity. The first index is federal research dollars given to faculty. The second is total publications by the institution in three Institute for Scientific Information data bases — sciences & engineering, social & behavioral sciences and arts & humanities. The next index measures articles published in 48 top-ranked science journals; and the last two measure 44 top-ranked social & behavioral science journals and competitive research awards in the arts & humanities.

Possible lease with Davies Medical before UC Board

UCSF is considering leasing 8,700 square feet of unused space at Davies Medical Center at 14th and Castro to become the new home of the Immunogenetics & Transplantation Laboratory. The lease will go before the UC Board of Regents at its September 23 meeting.

Discussions were initiated by Davies Medical Center in response to news stories about UCSF's space crisis. Additional leases may be considered for programs about to be displaced by construction of UCSF's new Central Utilities Plant.

The Immunogenetics & Transplantation Lab tests blood and tissue samples to determine the compatibility of donor organs and potential recipients. It performs all of the testing for heart, kidney, liver, lung, and kidney-pancreas organ transplants and bone marrow transplants at UCSF. The program also serves the transplant service at Santa Rosa Community Hospital.

The leased space would ease severely crowded conditions for about 28 employees. The research portion of the program, which has pioneered tissue-matching techniques that have dramatically improved the success of organ transplants, is expected to remain on the Parnassus Heights campus.

Prusiner *(from page 1)*

in all mammals examined so far.

Earlier this year, Prusiner, along with Yuet Wai Kan, who also is a Gairdner Award winner, was elected to the American Academy of Arts & Sciences.

Those selected for this year's $30,000 (in Canadian money) Gairdner Award in addition to Prusiner are: Mario R. Capecchi of the University of Utah, Oliver Smithies of the University of North Carolina at Chapel Hill, Alvan R. Feinstein of Yale and Michel M. Ter-Pogossian of Washington University in St. Louis.

Urologists Peter Carroll (left) and Katsuto Shinohara treat Joe Reich for prostate cancer with cryosurgery. An ultrasound image on a TV monitor shows the iceball — the dark area on the screen — forming within the prostate tissue.

Giving prostate cancer patients the "deep freeze"

About a year ago, Joe Reich, 76, of Oakland, was diagnosed with prostate cancer. Typically, the active, retired businessman wanted to know all the treatment options. None of them — from surgical removal of the gland and radiation to hormone therapy — was very satisfactory. Least appealing to Reich was "watchful waiting."

Because prostate cancer is one of the slowest growing cancers, waiting is sometimes recommended for older patients, especially those who have other health problems.

"Waiting was just too difficult for me to do psychologically," explains Reich. Then he found out about a new treatment being offered at UCSF. He was referred to urologist Peter Carroll, who is a specialist in cryosurgery — a new treatment that kills the cancer cells by "deep freezing" them with liquid nitrogen.

"Reich was a good candidate for cryosurgery," says Carroll. "Studies done elsewhere have shown that cryosurgery may be as effective as other therapies in combating the disease if the cancer has not yet spread to tissues beyond the prostate gland. If the cancer does recur after one treatment, cryosurgery can be repeated with little risk to the patient."

Carroll adds that compared to other treatments, cryosurgery for prostate cancer may have a lower incidence of follow-up complications, such as urinary incontinence or impotence, and a much shorter hospital stay and recovery period.

"But our goal is to kill the cancer," Carroll emphasizes.

Cryosurgery of the prostate is possible because of the development of new devices that can see tumors deep inside the body through ultrasound technology, which converts sound waves into images.

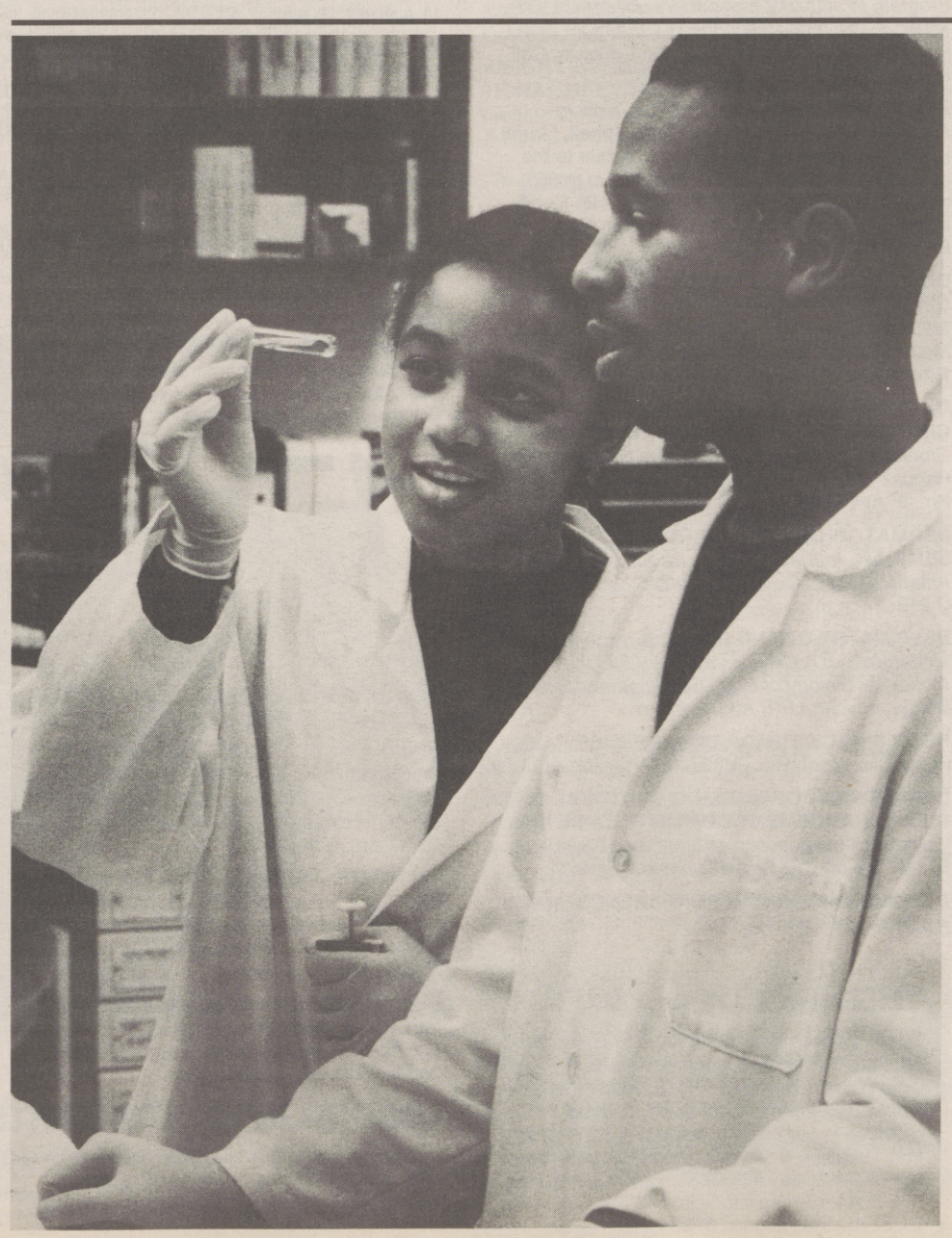
In the procedure, an ultrasound probe is inserted into the rectum. Images of the prostate are transmitted to a TV monitor, which serves as a picture guide to the medical team for inserting five probes designed to administer liquid nitrogen to the gland. Formation of the iceball within the prostate tissue can be viewed on the TV screen. The treatment freezes the entire gland and tumor, and dead cells are absorbed by the body.

The treatment takes about two hours and the patient is under general or spinal anesthetic. Average hospital stay is two days.

Carroll and UCSF urologists Katsuto Shinohara and George Fournier, Jr., began the treatment program in July at UCSF and the VAMC. The technique was first used on patients in 1990 at Allegheny General Hospital in Pittsburgh, PA. Gary Onik, who was a radiology resident at UCSF, headed the Allegheny team. UCSF is one of about a dozen medical centers in the country now offering cryosurgery for treating prostate tumors.

Reich is very glad the UCSF cryosurgery team was close by. "I had everything to gain and nothing to lose. And now I'm back on the tennis court, feeling great and playing better than ever."

Joe Reich on the court



Nika Vinson (left) and Gerald Wayfer in Cosmo Fraser's lab

Future scientists spend summer in UCSF labs

Nika Vinson, who graduated from Lowell High in June, and Gerald Wayfer, a senior at St. Mary's College High School in Berkeley, spent their summer vacations preparing and analyzing cell cultures and assisting with projects in the VAMC laboratory of UCSF nephrologist Cosmo Fraser.

Vinson, who will attend UC Davis this fall, was one of 12 students from San Francisco public high schools to participate in the UCSF SEP (Science & Health Education Partnership) internship.

The program is targeted to minority students with the hope that some will be encouraged to pursue careers in science or medicine. Interns work with UCSF researchers, seeing life in the laboratory first hand and learning how scientists approach problems and formulate experiments. Vinson, who also interned in Fraser's laboratory last summer, participated in work aimed at understanding why young women undergoing surgery are at risk of developing low blood sodium — hyponatremia — which is potentially deadly.

Other SEP interns studied red blood cells in a laboratory specializing in sickle cell anemia, observed transplant surgery, measured muscle fibers for a study on muscle fatigue, and observed children undergoing evaluation for autism.

Wayfer was one of nine from the Bay Area participating in this year's Minority High School Student Research Apprenticeship Program at UCSF. The NIH-funded program also encourages minorities to pursue careers in biomedical research and the health professions. Wayfer assisted in Fraser's studies on the effect of a parathyroid hormone on calcium and phosphorus metabolism. The research may lead to treatments that could minimize the mental decline often associated with kidney failure.

Today/Tomorrow

11 Saturday

SAVE-A-LIFE SATURDAY

Learn CPR before the Giants game against the St. Louis Cardinals. First 1,000 participants receive tickets to the game. Free health fair and continental breakfast also included. Sponsored by Cntr. Prehosp. Res. & Training, SF Giants, Red Cross & others. To ensure CPR training, arrive early and enter at Parking Lot C, between gates E and F. Candlestick Park. Two sessions: 9 & 10 a.m. Call 1-800-GIVE CPR for more details.*

12 Sunday

ORCHESTRA AUDITIONS

Auditions for the 1993-94 season. Some of the pieces to be performed this year: Debussy's *La Mer,* Mahler's Symphony No. 6 and Beethoven's Symphony No. 9. Auditions open to all. 2-5 p.m. Millberry Conf. Cntr. Call Jonathan Davis at 681-2468 for details.*

13 Monday

BREAST CANCER SCREENING SCHEDULE

Women can have low-cost mammograms — X-rays to screen for breast cancer — from a mobile van that travels to convenient locations in the Bay Area.

Women need the approval of their physician to have the mammogram, in addition to their doctor's full name, address (including room number & zip) and phone number to assure that results are mailed promptly. The procedure takes approximately 20 minutes and costs $60. To make an appointment call 476-2193 between 9 a.m. & 3 p.m.

Because the service has become so popular and appointments are filled by the time this calendar is published, we list only dates when the van will be at UCSF locations and when appointments are still available:

- Thurs., Nov. 11: UCSF/Daly City, 333 Gellert Blvd.
- Fri., Nov. 12: UCSF/Parnassus at Medical Center Way.

A mammogram also is available at the Mount Zion radiology department for $60. Call 885-7465.

CRI/HEMATOLOGY-ONCOLOGY FELLOWS DIDACTIC COURSE. M 1296. 7:45-8:30 a.m.

OTOLARYNGOLOGY BASIC SCIENCE COURSE: *Binaural & Spatial Mechanisms of Hearing.* William M. Jenkins, Oto. S 664. 8-10 a.m.

VAMC NEURORADIOLOGY GRAND ROUNDS. Rm. 2A47, VAMC. 9:30-10:30 a.m.

GROWTH & DEVELOPMENT SEMINAR: *Measuring Ambient Nitrous Oxide Levels in Dental Operatories.* Robert E. Primosch, Adv. Dent. Educ. & Ped. Dent., U Florida. S 719. Noon.

MELANOMA CONFERENCE. Melanoma Clin. Conf. Rm., 4th fl., MZ Pavilion. Noon.

WEIGHT MANAGEMENT PROGRAMS INFORMATIONAL MEETING: Review of weight management program options available at UCSF. A 455. 12:15-1 p.m. Call 476-9987.*

LABORATORY MEDICINE GRAND ROUNDS: *Thrombin Receptor Structure & Function.* Shaun R. Coughlin, Med. & CVRI. L 535. 4-5 p.m.

URORADIOLOGY CONFERENCE. M 464. 5-6 p.m.

14 Tuesday

PLASTIC SURGERY GRAND ROUNDS: *Blepharoplasty.* Pablo Leon, Plast. Surg. Rm 200 1A-122, VAMC. 7 a.m.

MULTIDISCIPLINARY TUMOR BOARD: M 1296. 7:30 a.m. Call Mary Williams at 476-1421.

ORAL & MAXILLOFACIAL SURGERY GRAND ROUNDS: *TMJ Imaging with Special Reference to Condylar Resorption.* David Hatcher, Stom. & Cntr. for TMD. C 701. 8 a.m.

NEW EMPLOYEE ORIENTATION: S 214. 8:30-10:30 a.m. Call 476-1073 to schedule.

SFGH PEDIATRIC GRAND ROUNDS. 8:30-9:30 a.m.

OB/GYN GRAND ROUNDS: *GnRH Antagonist: Today & the Future.* Scott E. Monroe, Ob/Gyn. S 1364. 9-10 a.m.

PEDIATRIC NEURORADIOLOGY CONFERENCE. N 517. 9 a.m.

SFGH MEDICINE GRAND ROUNDS. Carr Aud., SFGH. 11:30 a.m.

EPIDEMIOLOGY & BIOSTATISTICS SEMINAR: *Scientific Illiteracy: Examples of Reproductive Medicine.* David Grimes, Ob/Gyn. & Repro. Sci., SFGH. MU 427W. 4-5 p.m.

SFGH GI MEDICINE/SURGERY/RADIOLOGY IMAGING CONFERENCE. Rm. 1X58, SFGH. 4-5 p.m.

SPORTS MEDICINE CENTER OPENS

Meet the Center's personnel & learn about the latest in knee, shoulder, ankle, elbow & foot repair. Sports Med. Cntr., I Level, MU. 4-7 p.m. (See story on page 8.)

NEUROLOGY GRAND ROUNDS. S 664. 5-6 p.m.

VOLUNTEER ORIENTATION: To acquaint new & potential volunteers with opportunities available in the Medical Center at UCSF. LPPI Aud. 5:30-8:30 p.m. Call 476-1196 for information.*

15 Wednesday

SPINE CONFERENCE ROUNDS. HSW 302. 7-8:30 a.m.

SURGERY GRAND ROUNDS: *Ulcerative Colitis.* Mark Welton, Surg. Toland Hall. 7-8 a.m.

SFGH ORTHOPAEDIC SURGERY STAFF CONFERENCE. Rm. 5K8, SFGH. 7:30-9 a.m.

HEMATOLOGY CLINICAL CONFERENCE. M 1296. 7:30-8:30 a.m.

DERMATOLOGY STAFF CONFERENCE. HSW 301. 8-9 a.m.

GASTROENTEROLOGY FELLOWS SUMMER COURSE: *Polyps & Colon Cancer.* Neil Toribara, GI. S 214. 8-9 a.m.

RENAL GRAND ROUNDS. L 1361. 8-9 a.m.

ENDOCRINE GRAND ROUNDS: *Parathyroid Hormone.* Dolores Shoback, Med. & Endo., VAMC. LPPI Aud. 8:30 a.m.

GASTROENTEROLOGY GRAND ROUNDS: *Rationale for Treatment of GI Endocrine Cancers.* Thomas M. O'Dorisio, Med., Physio. & Endo., Ohio State U Hosp., Columbus. S 214. 9-10 a.m.

MOUNT ZION VOLUNTEER ORIENTATION: Program to acquaint prospective volunteers with opportunities available in the UCSF/Mount Zion Medical Cntr. Herbst Hall, MZ. 9-11:30 a.m. Call 885-7353.*

BROWN BAG LECTURE SERIES: *How to Preserve Your Estate.* Susan J. Campbell, Merrill Lynch, explains how to leave your estate to the people you choose, instead of losing up to 55% of your assets to taxes and other expenses. Sponsored by Campus Tours/Speakers Bureau. HSW 300. Noon. Call 476-4394.*

OCCUPATIONAL & ENVIRONMENTAL MEDICINE GRAND ROUNDS: *Case Management Issues in Cumulative Trauma Disorders.* Linda Morse, Santa Clara Valley Med. Cntr. Cafe Conf. Rm., Santa Clara Valley Med. Cntr. Noon-1 p.m.

OCCUPATIONAL & ENVIRONMENTAL MEDICINE GRAND ROUNDS: *Nerve Conduction Studies in the Diagnosis of Occupational Injuries.* Randall Starkey, Neuro., Alta Bates Hosp. Conf. Rm. 3, Alta Bates Med. Cntr. Noon-1 p.m.

DERMATOPHARMACY/DERMATOTOXICOLOGY SEMINAR: *In Vitro Methods for Studying Skin Irritation.* Michel Cormier, Skin Bio., Alza Corp. C 213. 1-2 p.m.

PSYCHIATRY GRAND ROUNDS: *Notes from Underground: A Clinician's Inquiry into the Molecular Biology of Brain Development.* Susan M. Smiga, Psychr. LPPI Aud. 1-2 p.m.

HEAD & NECK TUMOR CONFERENCE. Melanoma Clin. Conf. Rm., 4th fl., MZ Pavilion. 1:30 p.m.

DEPARTMENT OF NURSING CULTURAL DIVERSITY ENHANCEMENT COMMITTEE MEETING: Open to all medical center & campus members. M 169. 3 p.m. Call Diane Ayers at 476-5621.

ONCOLOGY CLINICAL CONFERENCE. M 1296. 4 p.m.

THE NEXT DEADLINE

Tues., September 14, 1993, is the deadline for items to be listed in the next calendar, which covers **Sept. 25-Oct. 8, 1993 (two weeks).** Complete information must be received in our office in writing by 11 a.m. on that Tuesday. Mail your copy to Michele Firpo at Box 0462, call 476-3257, send a fax to 476-3541, or bring it to Suite 103, UCSF/Laurel Heights, 3333 California St.

TRANSFUSION MEDICINE CORE CURRICULUM LECTURE: *Perinatal Transfusion.* Andrew Leavitt, Lab. Med. & Blood Bank, MZ. L 535. 4-5 p.m.

CHILD NEUROLOGY CONFERENCE. M 666. 4:30 p.m.

PATHOLOGY GRAND ROUNDS: *Pathology of the Testis.* Noel Weidner, Surg. Path., MZ & Path. HSW 508. 5-6:30 p.m.

UROLOGIC PHYSIOPATHOLOGY CONFERENCE. M 464. 5-6 p.m.

LIVING WITH HIV PUBLIC FORUM: *Comprehensive Healing Program for HIV: Definition of HIV Treatment Success.* Jon Kaiser, private practice, SF. Sponsored by UCSF AIDS Hlth. Proj. Rm. 125, UCSF-Mission Cntr. 7-9 p.m. Call 476-3902 for information.*

GREAT EXPECTATIONS PROGRAMS FOR PARENTS FILM SERIES: *Childbirth Choices: Options for Labor & Birth.* Video presentation of *Special Delivery* and discussion about preparing for labor & birth. A 326. 7-8:30 p.m. Call 476-6667.*

16 Thursday

ORTHOPAEDIC SURGERY STAFF CONFERENCE. HSW 303. 7-8 a.m.

MEDICINE GRAND ROUNDS: *Gut Endocrine Tumors.* Thomas M. O'Dorisio, Med., Physio. & Endo., Ohio State U Hosp., Columbus. Toland Hall. 8-9 a.m.

PEDIATRICS GRAND ROUNDS: *Pediatric AIDS: Transmission, Approaches to Intervention & Early Diagnosis.* Diane W. Wara, Ped. & Imm/Rheum. S 664. 8-9 a.m.

SFGH NEUROLOGY/NEUROSURGERY CONFERENCE. Rm. 4H2, SFGH. 8-9 a.m.

NUCLEAR MEDICINE GRAND ROUNDS. LPPI Aud. 8:30 a.m.

OPHTHALMOLOGY GRAND ROUNDS. S 214. 8:30-10 a.m.

OCCUPATIONAL & ENVIRONMENTAL MEDICINE GRAND ROUNDS: *Environmental Studies Linking EMF to Health Effects.* Donna Foliart, ENSR Corp. M 989. 9-10 a.m.

SFGH TRAUMA CENTER CONFERENCE. Rm. 4H2, SFGH. 9-10 a.m.

FAMILY & COMMUNITY MEDICINE/PRIMARY CARE LECTURE SERIES. A 455. 10 a.m-noon.

CLINICAL PATHOLOGY CONFERENCE. S 1364. 10-11 a.m.

PEDIATRIC TUMOR CONFERENCE. L 34. 11 a.m.-12:15 p.m.

MEDICINE/SURGERY ADULT CARDIAC CATHETERIZATION CONFERENCE. L 1361. 4-6 p.m.

NEURORADIOLOGY GRAND ROUNDS. HSW 303. 4 p.m.

PRIMARY CARE GRAND ROUNDS: *Vasculitis.* Kenneth Fye, Med. A 455. 4:30 p.m.

NEUROSURGERY GRAND ROUNDS. HSW 302. 5-6:30 p.m.

PLASTIC SURGERY LECTURE/DINNER MEETING: *Overview of Complex Wound Treatment.* Harlan Stone, Phoenix Integrated Surg. Residency, Good Samaritan Regional Med. Cntr. Fac. Alum. House. Dinner 6 p.m. Lecture 7 p.m. For reservations call 476-3601.*

17 Friday

CRI HEMATOLOGY/ONCOLOGY JOURNAL CLUB. M 1296. 7:30-8:45 a.m.

MOUNT ZION MEDICINE GRAND ROUNDS. Herbst Hall, MZ. 8:30-9:30 a.m.

CHILD & ADOLESCENT PSYCHIATRY CLINICAL CONFERENCE: *Assessing the Efficacy of Therapeutic Interventions in Child Psychotherapy.* Steve Foreman, Psychr. LPPI Aud. 10:30 a.m.-noon.

INSTITUTE OF HEALING ARTS & SCIENCES LECTURE: *Healing Treasures of Africa.* Lorraine Allen, Unity Minister, explores the union between medicine & spiritual healing in Africa. S 1364. Noon-1 p.m. Call 584-4416.*

SFGH PROGRAM IN CELLULAR & MOLECULAR MEDICINE SEMINAR: *Signal Sorting by Chimeric G Proteins.* Bruce Conklin, Pharm. Rm. 3208, 2nd fl., Bldg. 30, SFGH. Noon.

QIGONG IN MARTIAL ARTS

Institute of Healing Arts & Sciences and the QiGong Inst. co-sponsor this event. HSW 300. 7:30-9:30 p.m. Call Ken Sancier at 323-1221.*

18 Saturday

TWENTIETH ANNUAL NORTHERN CALIFORNIA RESIDENTS' SEMINAR. HSW 303. 7:45 a.m.-5 p.m.

HEALTH CARE FORUM FOR AFRICAN AMERICANS

UCSF faculty present talks on health care, diseases and issues affecting African Americans, such as heart disease, AIDS/HIV, cancer, prenatal care, pediatrics, obstetrics & gynecology, nutrition and obesity. Sponsored by Public Affairs. Ella Hill Hutch Community Cntr., 1050 McAllister. 8 a.m.-noon. Call 476-3208 to pre-register.*

SELF-DEFENSE FOR WOMEN

Nina Otis Haft, self-defense instructor, teaches street-wise personal safety, defense and escape methods. Sponsored by Rape Prev. Educ. Prog. $35/65. Millberry Fitness Cntr. 10:30 a.m.-5:30 p.m. Call 476-5222 to pre-register.*

20 Monday

CRI/HEMATOLOGY-ONCOLOGY FELLOWS DIDACTIC COURSE. M 1296. 7:45-8:30 a.m.

OTOLARYNGOLOGY BASIC SCIENCE COURSE: *Auditory Psychophysics.* Christoph E. Schreiner, Oto. S 664. 8-10 a.m.

VAMC NEURORADIOLOGY GRAND ROUNDS. Rm. 2A47, VAMC. 9:30-10:30 a.m.

VAMC NEUROPATHOLOGY GRAND ROUNDS. Rm. 2A47, VAMC. 10:30-11:15 a.m.

MELANOMA CONFERENCE. Melanoma Clin. Conf. Rm., 4th fl., MZ Pavilion. Noon.

LABORATORY MEDICINE GRAND ROUNDS: *Development & Evaluation of Antiviral Agents.* W. Lawrence Drew, Lab. Med. L 535. 4-5 p.m.

PEDIATRIC UROLOGY CONFERENCE. M 464. 5-6 p.m.

ALAMEDA COMMUNITY WORKSHOPS

UCSF holds two workshops held in Alameda to inform community members about UCSF's Long Range Development Plan (LRDP) and to solicit ideas about the LRDP. 7 p.m. Call 476-3206 for details.*

- Mon., Sept. 20: Earhart Elementary School, 400 Packet Landing Rd.
- Wed., Sept. 29: Edison Elementary School, 2700 Buena Vista Ave.

21 Tuesday

COMBINED PLASTIC SURGERY/ORTHOPAEDIC HAND SURGERY GRAND ROUNDS: *Cerebral Palsy/Stroke.* Brent Moelleken, Plast. Surg. Toland Hall. 7 a.m.

MULTIDISCIPLINARY TUMOR BOARD: M 1296. 7:30 a.m. Call Mary Williams at 476-1421.

ORAL & MAXILLOFACIAL SURGERY CONFERENCE: Abstracts from AAOMS. C 701. 8 a.m.

SFGH PEDIATRIC GRAND ROUNDS: *Approach to the Dysmorphic Child.* Bruce Blumberg, Kaiser, SF. Carr Aud., SFGH. 8:30-9:30 a.m.

OB/GYN GRAND ROUNDS: *Obstetrical Guidelines for the Extremely Premature Fetus.* Sarah J. Kilpatrick, Ob/Gyn. S 1364. 9-10 a.m.

SFGH MEDICINE GRAND ROUNDS: Carr Aud., SFGH. 11:30 a.m.

MOUNT ZION BROWN BAG LECTURE SERIES: *An Update on Eating Disorders.* Kim Peter Norman, Psychr. & Eating Disorder Clin. Sponsored by Campus Tours/Speakers Bureau. Herbst Hall, MZ. Noon. Call 476-4394 for information.*

SFGH GI MEDICINE/SURGERY/RADIOLOGY IMAGING CONFERENCE. Rm. 1X58, SFGH. 4-5 p.m.

NEUROLOGY GRAND ROUNDS. S 664. 5-6 p.m.

WESTERN ADDITION WORKSHOP

Workshop to inform Western Addition community members about UCSF's Long Range Development Plan (LRDP) and to solicit ideas about the LRDP. Japanese Cultural & Comm. Cntr., 1840 Sutter St. 6:45 p.m. Call 476-3206 for details.*

September 11-24, 1993

RACISM MUST STOP

Not Just Black & White: A Necessary Dialogue about Interracial Racism. Panel discussion about the roots of interracial racism and how to create an understanding, respectful and cohesive alliance among a diverse community. Sponsored by Women's Resource Cntr. Toland Hall. 7-9 p.m.*

22 Wednesday

SPINE CONFERENCE ROUNDS. C 417. 7-8 a.m.

SURGERY MORBIDITY & MORTALITY CONFERENCE. Toland Hall. 7-8 p.m.

SFGH ORTHOPAEDIC SURGERY STAFF CONFERENCE. Rm. 5K8, SFGH. 7:30-9 a.m.

HEMATOLOGY CLINICAL CONFERENCE. M 1296. 7:30-8:30 a.m.

BAKE SALE FOR LPPI KIDS

Help raise funds for the LPPI Children's Inpatient Service and eat some delicious treats, too. LPPI lobby. 8 a.m.-1 p.m.*

DERMATOLOGY GRAND ROUNDS. HSW 301. 8-9 a.m.

GASTROENTEROLOGY FELLOWS SUMMER COURSE: *Principles of Nutritional Support.* Melvin B. Heyman, Ped. GI. S 214. 8-9 a.m.

GRAND ROUNDS IN MEDICAL EDUCATION: *Teaching Residents to Teach.* Robert Kamei, Clin. Ped. & Res. Train. Prog. N 517. 8 a.m.

RENAL GRAND ROUNDS. L 1361. 8-9 a.m.

GASTROENTEROLOGY GRAND ROUNDS: *Dermatologic Manifestation of GI Disease.* Richard B. Odom, Derm. S 214. 9-10 a.m.

FREE PROSTATE SCREENINGS

UCSF & UCSF/Mount Zion offer free prostate cancer screenings as part of National Prostate Cancer Awareness Weeks. Since early detection is critical, all men over 50 and men over 40 with a family history of prostate cancer can take part in the free program. Call 502-0916. (See story on page 3 for latest in prostate cancer treatment.)*

- Wed., Sept. 22: A 610. 9 a.m.-noon & 1-4 p.m.
- Mon., Sept. 27: Outpatient Clin., MZ. 9 a.m.-noon & 1-4 p.m.

BROWN BAG LECTURE SERIES: *Tobacco: Biology & Politics.* Stanton A. Glantz, Med., CVRI & Inst. Hlth. Policy Stud., discusses the effects of corporate actions on the public health. HSW 300. Noon. Call 476-4394.*

PSYCHIATRY GRAND ROUNDS: *How Are Paranoid Schizophrenics Different from Other Schizophrenics?* Sophia Vinogradov, Psychr., VAMC. LPPI Aud. 1-2 p.m.

HEAD & NECK TUMOR CONFERENCE. Melanoma Clin. Conf. Rm., 4th fl., MZ Pavilion. 1:30 p.m.

ONCOLOGY CLINICAL CONFERENCE. M 1296. 4 p.m.

TRANSFUSION MEDICINE CORE CURRICULUM LECTURE: *Massive Transfusion & Decision-Making in Emergencies.* Pearl Toy, Lab. Med. & Blood Bank, MZ. L 535. 4-5 p.m.*

CHILD NEUROLOGY CONFERENCE. M 666. 4:30 p.m.

PATHOLOGY GRAND ROUNDS: *Resident Presentations.* HSW 508. 5-6:30 p.m.

UROPHYSIOLOGY CONFERENCE. M 464. 5-6 p.m.

23 Thursday

WOMEN, WEIGHT, BODY IMAGE & HEALTH

Learn how a positive body image leads to better health & how to approach fat patients without prejudice. Women's Resource Cntr. co-sponsors this workshop for health professionals & the public. $40. Rm. 1, Bldg. A, Fort Mason. Registration: 7-8 a.m. Program: 8 a.m.-5 p.m. Call 663-1320.*

ORTHOPAEDIC SURGERY STAFF CONFERENCE. HSW 303. 7-8 a.m.

MEDICINE GRAND ROUNDS: *New Developments in Nitrate Therapy.* Jonathan Abrams, Med., U New Mexico, Albuquerque. Toland Hall. 8-9 a.m.

PEDIATRIC GRAND ROUNDS: *Molecular Basis of Primary Immunodeficiency Disorders.* Melissa Elder, Ped. S 664. 8-9 a.m.

SFGH NEUROLOGY/NEUROSURGERY CONFERENCE. Rm. 4H2, SFGH. 8-9 a.m.

NUCLEAR MEDICINE GRAND ROUNDS: *Radiopharmaceutical Production: The Nuts & Bolts Approach.* Henry Van Brocklin, Rad. LPPI Aud. 8:30 a.m.

OPHTHALMOLOGY GRAND ROUNDS: *Exploring the Human Visual Cortex — What Are We Doing with All That Brain Tissue?* Jonathan Horton, Oph. S 214. 8:30-10 a.m.

SFGH TRAUMA CENTER CONFERENCE. Rm. 4H2, SFGH. 9-10 a.m.

FAMILY & COMMUNITY MEDICINE/PRIMARY CARE LECTURE SERIES. A 455. 10 a.m-noon.

NEUROLOGY/NEURORADIOLOGY CONFERENCE. N 517. 10-11 a.m.

PEDIATRIC TUMOR CONFERENCE. L 34. 11 a.m.-12:15 p.m.

MISSION CENTER BROWN BAG SERIES: *Prostate Disease & Surgery: What You Should Know.* George R. Fournier, Uro., VAMC. Rm. 125, MCB. Sponsored by Campus Tours/Speakers Bureau. Noon-1 p.m. Call 476-4394. (See story on page 3 for latest in prostate cancer treatment.)*

MEDICINE/SURGERY ADULT CARDIAC CATHETERIZATION CONFERENCE. L 1361. 4-6 p.m.

NEURORADIOLOGY GRAND ROUNDS. HSW 303. 4 p.m.

NEUROSCIENCE SEMINAR: *Origins of Direction Selectivity in Cat Visual Cortex.* David Ferster, Neurobio. & Physio., Northwestern U. HSW 300. 4 p.m.

Chris Silvey

PARNASSUS PLAYERS

Arts & Performances presents the debut of the Parnassus Players in Lee Blessing's play, Independence, *which deals with a mother, her three daughters and their struggles to balance family ties with private lives. Above, three of the cast members rehearse for their Sept. 23 debut: (left to right) Barbara del Rio of Reprographics who plays "Jo"; Jacqueline Zahas of Pediatrics who plays "Sherry"; and Julie Weigel of Neurology who plays "Kess." "Evelyn" is played by Fran White Schnitzius of ITS in this play directed by Laura Shapiro of Ophthalmology. Admission is free. Toland Hall. Showtimes: Thurs. & Fri., Sept. 23 & 24 at 7 p.m. & Sat., Sept. 25 at 2 p.m.*

ONGOING SUPPORT GROUPS

MONDAY

FRIENDS OF LOIS AL-ANON MEETING: Closed meeting: for friends & families of alcoholics only. Conf. Rm. B, 3rd fl., MCB. Noon.*

UCSF AIDS HEALTH PROJECT MEDITATION & SELF-HYPNOSIS WORKSHOP: Weekly discussion group for anyone dealing with HIV or AIDS in themselves or others. Gazebo Rm., Davies Med. Cntr. 7-9 p.m. Call 476-3902.*

ALZHEIMER'S SUPPORT GROUP: For caregivers, family & friends of people with Alzheimer's or other dementing illnesses. First Monday of each month. Ground fl. Conf. Rm., Alzheimer's Clin., 1350 7th Ave. 7-9 p.m. Call (800) 942-1333.*

TUESDAY

MULTIPLE HELPERS OUTREACH NETWORK SUPPORT GROUP: For victims & survivors of violent trauma. Ages 15 & over. A 222, LPPI. 10 a.m.-noon. Help-line at 759-7923 provided daily, 7 a.m.-10 p.m.*

OVEREATERS ANONYMOUS MEETING: Regular OA discussion meeting. N 717B. Noon.*

PARKINSON'S DISEASE EDUCATION & SUPPORT GROUP: For people with Parkinson's & their caregivers. Third Tues. of the month (except August). Christ Church, Lutheran, 1090 Quintara (at 20th Ave.). 2-4 p.m. Call 476-9276.*

LUPUS SUPPORT GROUP: Second Tues. of the month. C 127, MZ. 7-9 p.m. Call 773-9356.*

WEDNESDAY

PARNASSUS AL-ANON MEETING: For friends & families of alcoholics. Observers welcome. C 517. Noon-1 p.m.*

LATIN WOMEN COALITION: For Latina faculty, staff & students. Noon-1 p.m. Call Betty Jerez at 476-7117 for meeting places & dates.*

ALCOHOLICS ANONYMOUS MEETING: Closed meeting: alcoholics only. Conf. Rm. B, 3rd fl., MCB. 12:05 p.m.*

MULTIPLE HELPERS OUTREACH NETWORK SUPPORT GROUP: For victims & survivors of violent trauma. Ages 15 & over. Two locations & times: A 222, LPPI, 1-3 p.m., and N 517, 7-10 p.m. Help-line also provided daily, 7 a.m.-10 p.m. at 759-7923.*

DIRECTIONS: A support/education group for newly diagnosed breast cancer patients. 4th fl. lounge, 2356 Sutter, UCSF/Mount Zion. 5-6:15 p.m. Call 885-7529 or 476-5555.*

SUPPORT GROUP FOR WOMEN LIVING WITH LIFE-ALTERING ILLNESS: 6-8 p.m. Call 775-2854 to preregister & for meeting location.*

EATING DISORDERS SUPPORT GROUP: Open to anyone dealing with an eating disorder in themselves or others. First & third Wednesday of each month. M 688. 7-8:30 p.m. Call 332-3425.*

"AT THE HEART OF IT" CARDIAC SUPPORT GROUP: For heart patients experiencing fear, anxiety, confusion & stress. A six-week series. Call Kathleen Congdon at 885-7227.*

SUPPORT GROUP FOR FAMILY/FRIENDS OF THOSE WITH MENTAL ILLNESS: Open to anyone interested in learning more about psychiatric disorders & their treaments. Call Laura Deering-Mayclin at 476-7394 for more information.*

THURSDAY

ALCOHOLICS ANONYMOUS MEETING: Closed meeting: alcoholics only. LPPI A222. 6 p.m.*

FRIDAY

CIRCLE OF SISTERS: Networking forum for black women working & studying at UCSF. L 535. Most Fridays. Call 476-5836.

ALCOHOLICS ANONYMOUS MEETING: Closed meeting: alcoholics only. C 417. 12:10-1 p.m.*

LAKESIDE SENIOR MEDICAL CENTER CAREGIVER SUPPORT GROUP: Meets on the first Friday of each month. $10 per meeting. 2501 Ocean Ave. at Junipero Serra. 2-4 p.m. Call Edith Kaplan at 586-2305.*

VARIABLE

JEWISH WOMEN'S DIALOGUE GROUPS: Call 546-6988 for meeting dates & locations.*

PRIMARY CARE GRAND ROUNDS: *Migraine Headaches.* Deborah Grady, Epid. & Biostat., Med. & Women's Clin., VAMC. A 455. 4:30 p.m.

NEUROSURGERY GRAND ROUNDS. HSW 302. 5-6:30 p.m.

RADIOLOGY GRAND ROUNDS: *Treatment of Benign & Malignant Biliary Obstruction.* Roy Gordon, Rad. HSW 301. 5:15-6:15 p.m.

WEIGHT MANAGEMENT PROGRAMS INFORMATIONAL MEETING: Review of weight management program options available at UCSF. A 413. 7-7:45 p.m. Call 476-9987.*

24 Friday

ORTHOPAEDIC PEDIATRIC CONFERENCE. U 471. 7-8 a.m.

CRI HEMATOLOGY/ONCOLOGY JOURNAL CLUB. M 1296. 7:30-8:45 a.m.

MOUNT ZION MEDICINE GRAND ROUNDS. Herbst Hall, MZ. 8:30-9:30 a.m.

CHILD & ADOLESCENT PSYCHIATRY CLINICAL CONFERENCE: *The Boy Whose Symptom Had to Be Washing: A Case of Childhood Obsessive-Compulsive Disorder.* Lisa Marie Smith, Child & Adol. Psychr. LPPI Aud. 10:30 a.m.-noon.

PHARMACEUTICAL CHEMISTRY 221 SEMINAR: *Molecular Docking: A Tool for Ligand Discovery & Design.* Elaine Meng, Pharm. Chem. S 1364. 11 a.m.

INSTITUTE OF HEALING ARTS & SCIENCES LECTURE: *Traditional Chinese Medicine.* Barbara Bernie, American Fndt. Traditional Chinese Med. S 1364. Noon-1 p.m. Call 584-4416.*

SFGH PROGRAM IN CELLULAR & MOLECULAR MEDICINE SEMINAR: *Role of the PGF-β Homologue dpp in* Drosophila *Eye Development.* Ulrike Heberlein, Gallo Cntr., SFGH. Rm. 3208, 2nd fl., Bldg. 30, SFGH. Noon.

FREE MILLBERRY CLASSES

Millberry Fitness Center offers two free classes for those looking for something new. Sign-ups begin 15 minutes before class at Millberry Fitness Desk.

- Fri., Sept. 24: *Western Line Dancing.* 8-9:15 p.m.
- Mon., Sept. 27: *Capoeira.* African/Brazilian martial art. 5:30-6:45 p.m.

*Open to the public.

DEVELOPMENT & TRAINING

For further information call 476-4032.

Demystifying Gift/Private Grant Acceptance. Tues., Sept. 28. 9 a.m.-noon. $40.

Contracts & Grants Workshop. Wed., Sept. 29. 9 a.m.-noon. $40.

Pre-Supervisory Training. Wed. & Fri., Oct. 6, 8, 13, 15. 9 a.m.-noon. $90.

Medical Terminology: An Introduction. Tues. & Thurs., Oct. 12, 14, 19, 21. 2-4:30 p.m. $90.

Interview & Selection for Supervisors & Managers. Tues., Oct. 19. 8:30 a.m.-noon. $40.

Stress Management: Dealing with Non-Stop Change. Wed., Oct. 20 & 27. 8:30 a.m.-noon. $50.

The Telephone: Your Most Important Business Tool. Thurs., Oct. 28. 1-4 p.m. $40.

CONTINUING EDUCATION

MEDICINE

For program information call 476-4251, registration 476-5808 unless otherwise noted.

Gastroenterology: Advances in Diagnosis & Management. ANA Hotel, SF. Oct. 1-3.

Skin A to Z. UCSF. Oct. 2-3.

Eighth Annual Primary Care Medicine: Principles & Practice. Hotel Nikko, SF. Oct. 6-8.

Progress & Controversies in Pediatric Surgical Oncology. SF. Oct. 9-10.

Cardiology Update — 1993. Carmel, CA. Oct. 14-16.

Twelfth Annual Recent Advances in Pulmonary & Critical Care Medicine. ANA Hotel, SF. Oct. 14-16.

Occupational & Environmental Medicine — Session II. Miyako Hotel, SF. Oct. 18-29.

Sixth National AIDS Update Conference. Sponsored by UCSF AIDS Health Project & national & regional health care providers. SF Civic Center. Oct. 19-23. Call 255-1294.

Advances in Occupational & Environmental Medicine. Miyako Hotel, SF. Oct. 25-29.

Twenty-Second Annual Topics in Emergency Medicine. Miyako Hotel, SF. Nov. 1-5.

Otology, Neurotology & Skull Base Surgery Update — 1993. Ritz-Carlton Hotel, SF. Nov. 4-6.

Thirty-ninth Annual Group Therapy Symposium. SF. Nov. 12-14.

CNS Tumors & Cerebrovascular Lesions: Modern Management. SF. Dec. 2-3.

Even with new fees, UCSF financial counseling still a good deal

Since 1986, UCSF has provided free financial planning counseling services to faculty, staff and retirees. According to John Beeson, director of the Financial Planning & Benefits Department, he and colleague Jerry Neal, both certified financial planners, have provided more than 4,000 consultations during this time. Unfortunately, due to budget cuts, the department now must charge fees for its services. The fees, which went into effect September 1, are:

- $55 per session for staff and A&PS employees, retirees, residents and interns; and
- $85 per session for faculty, Medical Center employees, MAP and Executive Program members.

Each session lasts approximately an hour and can cover a wide array of topics, such as education funding, investing for retirement, buying a house, debt management and other topics.

A comparison of fees charged by outside financial planners shows that the UCSF fees are considerably below that of outside services, says Beeson. "Fee only" planners, meaning they don't receive commissions for selling investments, charge from $150 to $250 an hour or more. Also, since UCSF doesn't sell investment products or receive any commission, objectivity is assured.

Beeson and Neal point out that employees who need basic advice on UC benefits should call 476-1400. If benefits counseling is needed, an appointment can be scheduled with a benefits representative. There is no fee for these services.

Beeson and Neal also provide education seminars and special projects, traditionally offered at no charge. The new fee for the seminars, which last about two hours and cover topics from the basics of financial planning to asset allocation and risk, mutual fund selection and other issues, is from $30 to $40 a person.

Special projects, which involve the review and analysis of a complicated financial issue for either an individual or a department, are provided at $85 per hour.

If you are interested in further information or want to schedule a confidential personal meeting with a financial planner, call 476-9256. A list of basic information and documents to bring is provided. For seminars, announcements are posted periodically in ample time for registration.

Health Net & QualMed merge

Apparently quite a few people have been calling the Medical Group to see what the story is on the merger of Health Net and QualMed. It's true, says Catherine Haydn, chief operating officer of the Medical Group. The two organizations have merged, for the purpose of forming a single, stronger organization. The merger arrangement is that Health Net will control 65% of the company and QualMed 35%.

In terms of what this means for members of either plan, it's essentially business as usual for now, and the move appears to be positive, says Haydn. According to a letter from Health Net CEO Roger Greaves, existing QualMed programs in California will be folded into Health Net and the organization will continue to operate in the state under the Health Net name. Changes will be implemented gradually over the next 4 to 16 months.

Watch for further information from Health Net. As always, during the open enrollment period in November members have the option of remaining with the organization or switching to another health care plan.

The whole team

UCSF Wins Chemical Bank Challenge!

After many years of competing in the Manufacturer's Hanover Corporate Challenge, and then sitting out when there was no competition for a year or two after Chemical Bank took over Hanover, UCSF entered the reinstated race this year (now called the Chemical Bank Corporate Challenge) — and won!

Our coed team including Hormone Research Institute's Mike German, CVRI's Ron Brown, postdoc Rachael Hawtin and PACU's Eve Abrahams beat out over 100 corporate teams, including Genentech, Syntex, IBM, Chevron, etc., etc. The team now is qualified to compete in the international competition in New York in October.

Furthermore, reports team captain Jimmy Choy, Mike German came in first overall, and Rachael Hawtin came in second overall for women. Also, our women's A team, composed of social worker Elizabeth Simpson, Financial Aid's Margie Spano and Dermatology's Charlene Bayles placed fifth overall; as did our men's A team, composed of Financial Planning's Jerry Neal, Pathology's Anthony Davies, School of Medicine's David Cartwright, Stomatology's Daniel Ramos and Tony McDonagh of the GI Unit.

Sexual harassment *(from page 1)*

also will receive information.

"I find it encouraging that many key department heads and chairs are very proactive now about sexual harassment issues. They recognize how uncomfortable it can be to deal with this issue, but also how important it is to get a better understanding of it." Smith says that they have run into very little resistance from people. "But, some employees feel that we are conducting a sexual harassment prevention program only to avoid a lawsuit in the future. Well, of course we want to avoid lawsuits. But more importantly, the University needs to take care of this problem. And we need to do it internally. The institution needs to be responsive to, and responsible for, its family."

For information on sexual harassment issues, call Smith at 476-5186. Also see sidebar on right for campus sexual harassment advisors, who can explain a variety of ways to proceed if you feel you are being harassed.

Fun Zone

Champion chili cook Chris Lauderdale

Chris Lauderdale, best chili; Melinda Martinez, best salsa

Nutrition & Dietetics' Chris Lauderdale caught the judges' fancy with his "Hair O' Th' Bear Chili" in EMPACT!'s Chili/Salsa cook-off and came away with the grand prize of two round trip tickets to anywhere in the continental US, courtesy of American Express Travel and Continental Airlines.

In the salsa category, Neurosurgery's Melinda Martinez was the judges' choice for first prize with her "Mischievous Melinda's Monster Mango Salsa." For this, she gets a one-night stay at any bed & breakfast in California, courtesy of Bed & Breakfast International.

Now for the popular vote — for those who took part in the "People's Choice" contest, here's the outcome:

Chili:

- 1st place: "Second Time Around Black Bean & Lamb Chili" by Abby Dernburg, Biochemistry.
- 2nd place: "Leffova from Last Year Chili" by Ken Kawabata, Facilities Management.
- 3rd place: "Shirley Sioux's Queer Chili" by Shirley Wilson, Clin Labs
- 4th place: "Not Bad for a Gringo Chili" by Len Finocchio, Center for the Health Professional.
- 5th place: "Hair O' Th' Bear Chili," see above.

Salsa:

- 1st place: "Mischievous Melinda's Monster Mango Salsa," see above.
- 2nd place: "Lox Salsa," by Bryna Siegel, LPPI.
- 3rd place: "Tomatillo Korn Salsa," by Mark Pian, Pediatrics
- 4th place: "Marisalsa" by Marcela Martinez, Pathology
- 5th place: "Salsa Ramos" by Diana Ramos, CVRI.

Note from Empact!: Many thanks to the more than 60 volunteers who helped out at this event, and to all the contestants, and to the sponsors, including those listed above, plus KYA/KSFO, PJ's Oysterbed, Hotel Richelieu, O'Doul's and Sharps Beer and Rio Breeze.

Parnassus Players Perform *Independence*

The new UCSF theater group called Parnassus Players will perform its first play, Lee Blessing's *Independence*, in Toland Hall on three dates, Thursday, September 23, 7 p.m., Friday, September 24, 7 p.m. and Saturday, September 25, at 2 p.m. Admission is free.

Sexual Harassment Advisors

Below is a list of campus sexual harassment advisors, who are available to serve as a resource to any individual who has a sexual harassment complaint or inquiry. They can explain a variety of ways to proceed, including writing a letter to the harasser, documenting the case, and mapping out a way to be more assertive. You may call any of the people below for help:

Michael Adams, Affirmative Action/Equal Opportunity, 476-4753
Sandra Avila, Affirmative Action/Equal Opportunity, 476-0457
Elizabeth Baker, Labor/Employee Relations, 476-3905
Rachel Bernstein, Affirmative Action/Equal Opportunity, 476-4754
Molly Cooke, Department of Medicine, 476-4362
David Elkin, SFGH, 206-8426
Kathleen Giacomini, Department of Pharmacy, 476-1936
Emanuelle Gomez, Faculty, Staff & Student Assistance Program, 476-8279
Catharine Irwin, Mission Center, 476-0390
Eric Koenig, Student Relations, 476-4318
Miriam Komaromy, School of Medicine, 476-9019
Bonnie Lasky, School of Medicine Dean's Office, SFGH, 206-6052
Amy Levine, Women's Resource Center, 476-5837
Cynthia Lynch, Legal Coordination, 476-5005
David Odato, Employee Relations, Mount Zion, 885-7758
Mark Paschal, Affirmative Action/Equal Opportunity, 476-7936
Susan Semonoff, Medical Center Administration, 476-3013
Alma Sisco-Smith, sexual harassment prevention coordinator, 476-5186
Cathryn Thurow, School of Medicine Dean's Office, SFGH, 476-2474
Diane Wara, School of Medicine Dean's Office, 476-2865
Keith Wilson, Academic Affairs, 476-5742
Nellie Wong, Affirmative Action/Equal Opportunity, 476-8725

Medsounds Continued

(Left) backstage, Anne Lamott and son Sam; (center) ACC Administration's Phil Yamahiro helps twin daughters, four-year-old Rachel, left, and Katie, get ready for the runway; and (right), models Cassie Bobrow and Sasha Badame mug for the camera.

Of DNA, uniqueness, back-to-school fashions & Anne Lamott

One of the draws of the Auxiliary's fashion show last week was guest speaker Anne Lamott. Lamott, whose recent book about single motherhood, *Operating Instructions: A Journal of My Son's First Year* hit the bestseller list and thus thrust her into the limelight and radio talk show circuit, is in demand. But she made time not only to address the crowd before the show began, but also to walk out on the runway with her young son, Sam, who participated as one of the models.

The theme for the children's fashion show was "Back to Basics: The Threads of Life," a take-off on DNA and a tie-in with UCSF's genetic research. Nordstrom, which produced the show, interpreted the DNA theme to mean "A Celebration of Uniqueness," and they played it to the hilt. The kids were outfitted in every variety of bright and witty combinations.

In her commentary, Lamott said she didn't know exactly what to say about DNA. She dropped out after her second year of college, and was pretty sure that it was during those last two years that they talked about DNA.

But she had a lot to say about uniqueness. When she was growing up, the thing was to be like everyone else, she said. And that was tough, considering she looked like E.T. until she was about 30. (That's what she said.) But she loves the fact that today, the emphasis is on being your unique self, and she's so glad that her son is growing up in that kind of world. And, of course, she found uniqueness to be a fine theme for the fashion show.

About 325 parents, friends and relatives, all UCSF employees or Auxiliary-related, showed up at The Ritz-Carlton to hoot and holler when their children came out onto the runway. Many of the children were repeat performers, having modeled in last year's show. But the theme and fashions and production were so different, there was no danger in the performance itself being a repeat.

At this writing the proceeds had not been calculated, but event chair Michele Meany said the expectation is that the profits will meet and even exceed the projection.

Left to right, Parkinson, Ripple, Hirsch and Molla

Molla & Parkinson win Ripple Scholarship

A couple of weeks ago, 12 Long's Cathy Molla was sitting in the lounge area behind the nurses station when nursing director Helen Ripple stopped by for a visit. Presently assistant nursing director Jane Hirsch showed up. Then *Medsounds* appeared at the door; then a whole bunch of Molla's colleagues. She was getting that *"Hey, what's going on?"* look, when someone presented her with some flowers, and Ripple said, "Congratulations, you're a recipient of this year's Helen Ripple Scholarship."

Then the whole delegation went downstairs and repeated the process with Michael Parkinson, a nursing assistant on 7 CV ICU.

The Helen B. Ripple Scholarship, established a couple of years ago by Ripple's colleagues in honor of her 10th anniversary as nursing director at UCSF, is presented to two people each year. One goes to an RN pursuing a bachelor's or master's in nursing, and the other goes to a student nurse or other employee enrolled in nursing school. Each receives $1,000.

Both of this year's recipients are enrolled in the UCSF School of Nursing.

Molla, a clinical nurse III and seven-year employee at UCSF, has served as an acting assistant head nurse on two different occasions (including right now). In her application, she says she has enjoyed the administrative experience very much, and has chosen to pursue a master's in nursing administration.

Parkinson, a UC Berkeley graduate and former wilderness guide and professional ski patroller, is enrolled in the School of Nursing's Master's Entry Program. He hopes to continue as a staff nurse in the CV ICU after he completes the pre-licensure segment of the program, and then go on to specialize in critical care/trauma. He says he never before has been so intensely drawn to a subject or a career. He observes that "outstanding nurses have achieved a marriage of science and social work" well suited to the improvement of a patient's condition. "These are the skills I want to acquire," he notes in his applications.

Call Kerr with your blood questions

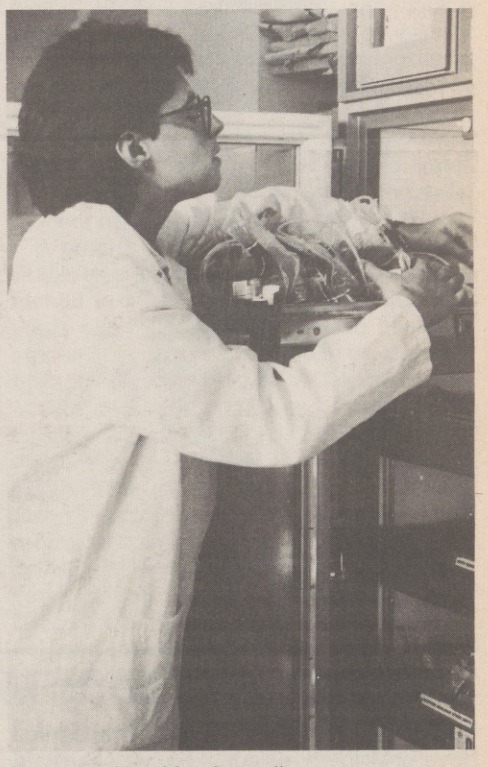
Many patients — in fact, more and more all the time — choose to donate their own blood supplies, called autologous units, prior to surgery. It also frequently is the case that friends or relatives contribute blood for a specific patient. These are called designated donations.

It used to be that when patients, families or hospital staff called to ask about the availability or whereabouts of these donations (or any of about 100 other questions related to the AU or DD products, as they are called), there was no telling whether or not they would find their answer. The problem was, with all the orders, requests and questions coming into the blood bank, the AU/DD questions were prone to get lost in the shuffle.

This changed beginning in February '92, when an 800 number was installed, 1-800-888-7660, specifically for these inquiries, and Kathleen Kerr was hired to monitor the calls and research the questions. She says the number confuses some of the in-house staff. They are not accustomed to calling an 800 number for a service within the hospital. But calling this line is the surest way to get fast and accurate information. At any given moment in an AU/DD unit's life, she can tell you (or find out) where that unit is, who it is for, when it will be needed and many other pieces of information.

Kerr says that during the past 19 months the scope of the job has expanded, and, along with that, she no longer is known as "the 800# person." She now is the "Special Donations Coordinator," or SDC, and a whole set of procedures has been put into place to ensure the proper handling, storage and dispensing of AU/DD products, from the time the products are ordered by the physician until each product receives a final disposition. She is quick to add that the program was developed in conjunction with Anne Feingold, with whom she shared the job prior to Feingold's recent departure, and many members of the blood bank and blood donor center staff.

One component of the program is the daily faxing of "blood availability forms" to doctors' offices and the clinics, thereby avoiding frantic night-before-surgery searches that test the stress levels of everyone involved, including patients. The SDC also sends these forms to members of the Pre-SEP staff, who match patients' expectations of blood availability with the actual number of units the blood bank has received.



Kerr, checking blood supplies

There are numerous other components to the program, as well as components in the making. Currently there is a plan to ship AU/DD units directly to Mount Zion, eliminating Irwin as an intermediary. The procedure writing is in progress and the coolers for transport are on order. Stand by for an implementation date.

Pain seminar

So popular was the "Perspectives on Pain" seminar offered last spring by the Medical Center's Pain Management Task Force and Nursing Education, the sponsors have decided to provide a repeat performance on Monday, October 25, at the Laurel Heights Conference Center from 8 am. to 4 :30 p.m. The bill of fare will be "a comprehensive approach to assessing and managing pain in both adult and pediatric patient populations." Sign up in Nursing Administration, L 171. 7 CEUs available.

Alzheimer's seminar

The UCSF/Mount Zion Center on Aging will present "Alzheimer's Disease: Today's Knowledge, Tomorrow's Promise," on Saturday, October 23, from 9:30 a.m. to noon at the Alzheimer's Day Center at 3600 Geary Street. The invitation says, "Learn about the latest research and what caregivers need to know." The program is intended both for health care providers and members of the community. Space is limited; reservations required. Call 750-4175 for information.

Compton *(from page 8)*

cently stepped in as interim technical director for respiratory care at both sites.

• **Pauline Chin** has been appointed head nurse of the kidney transplant (9 Long) and dialysis units. During her 15 years at UCSF, Chin has served as a staff nurse, nurse educator and nurse supervisor. For the past nine months she has been acting head nurse for the two units.

Volume 8, Number 15 September 11-24, 1993

UCSF Medsounds

Page 1 ... Sexual harassment prevention

Page 3 ... New hope for prostate cancer patients

Page 6 ... Chris Lauderdale wins Chili Cook-off

Medsounds is a section of *Newsbreak* for and about employees of the Medical Center, including Moffitt-Long, the ACC, Mount Zion and Medical Center employees at Mission Center and Laurel Heights.

Lindenfeld heads new Clinical Resources Management Program

Stan Lindenfeld, clinical professor of medicine and current UCSF medical staff president, has agreed to take on yet another role: head of the Office of Clinical Resources Management.

As he explains it, the Medical Center, as part of a widespread trend, is faced with the need to examine its approach to care with the goal of becoming more cost-efficient. The key to good clinical resources management is to achieve cost-efficiency without compromising services. His office will serve as the coordinating agency for various initiatives taken toward this end.

The mission may sound related to the Medical Center's Financial Improvement Process instituted some four years ago — and it is, says Lindenfeld. The goals are similar, although his office will interface with more levels, including the schools, medical staff, and the Clinical Practice Organization, as well as hospital departments. Lindenfeld himself will serve in the position of "bringing the message" to the leadership of the various factions and guiding the process of change.

Lindenfeld, whose specialty is nephrology, is particularly well-suited to this position, according to Medical Center director Bill Kerr.

Lindenfeld

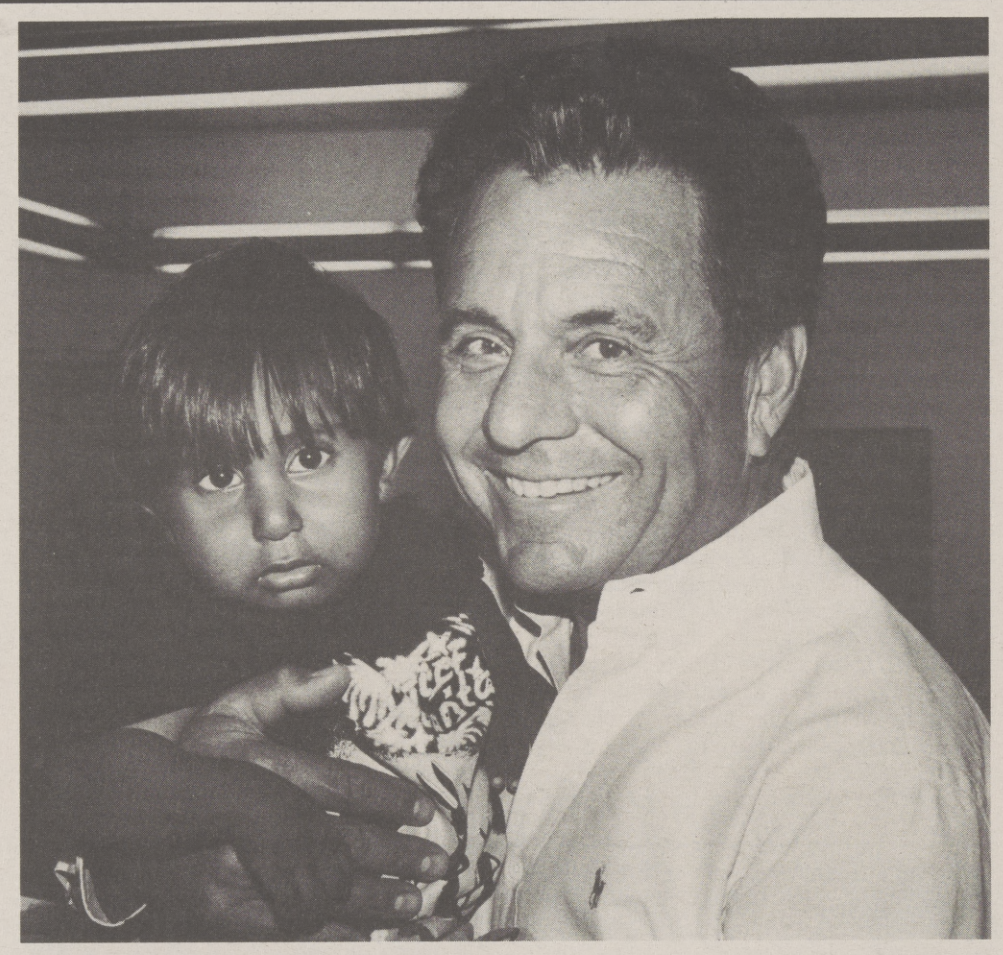
Lindenfeld's interest and expertise in quality assurance, quality improvement and utilization review have brought him into national prominence. For the past 2½ years, he has served on the University Hospital Consortium's Clinical Evaluative Sciences Council, specifically developing strategies for hospitals striving toward improved efficiency.

Lindenfeld concedes that given the urgency of the matter, he is proceeding "with vigor." In a memo from Bill Kerr announcing Lindenfeld's new position, Kerr thanks members of the Medical Center staff and medical staff in advance for their willingness to cooperate.

In other news:

- **Jackie Jew**, former assistant director for marketing, has accepted a new position as assistant director, program planning, in Medical Center Administration. Her new position represents a restructure of Molly Polidoroff's former position, now divided into two liaison groups. Jew will serve as the liaison for pediatrics, obstetrics/gynecology and family practice. Jew, who holds three degrees from UC Berkeley, including a doctorate in social work, joined the UCSF staff in 1987 as the first member of the marketing department.
- **Kathy McCaffrey**, director of medical records for Moffitt/Long since 1982 (along with Mount Zion beginning 1992), is leaving to take a position as Deputy Director of the Health Information Division with the Office of Statewide Health Planning & Development. Her last day is Tuesday, September 14.
- **Vicki Kleemann**, recently featured here as the newly appointed director of volunteer services for the Parnassus site, now has been named director for the consolidated Parnassus and Mount Zion volunteer service departments. Ginny DeGuzman will continue in her present role as site manager at Mount Zion.
- **Michelle Compton**, manager of the neurophysiology laboratory on Parnassus (which includes EEG) is expanding her management role to include EEG and developing neurophysiology services at Mount Zion. She is taking over for Julio Barba, who previously was managing EEG, along with EKG and respiratory care at Mount Zion. Barba re-

(continued on page 7)



Cervando (left) with Goodwin

An officer and a gentleman

Three-year-old Servando Plazola of Gonzales, California (near Salinas), was on the waiting list for a kidney transplant. But on the day a kidney became available, his parents were faced with a major problem. They don't have a car, and the relative who had intended to give them a ride to UCSF for the surgery suddenly could not. She was pregnant and went into labor. In their frustration, the parents had checked to see if there was a bus that could get them to UCSF in time for the surgery that evening.

Meanwhile, transplant coordinator Linda Moczkowski decided to try the Highway Patrol to see if there was anything they could do. A short time later, Sergeant Ray Goodwin from the Salinas headquarters picked up Servando and his parents in Gonzales and brought them directly here — a first for the Salinas CHP. "We've delivered blood before, and made some runs to the ER," says Goodwin. But in his recollection from the 27 years he has been with the office, this was the first time they'd delivered a patient for a transplant.

Sergeant Goodwin, who expressed pleasure at being able to help, will be gratified to hear that little Servando is doing well. At this writing — 14 days post-surgery — his recovery was progressing without incident, according to Moczkowski.

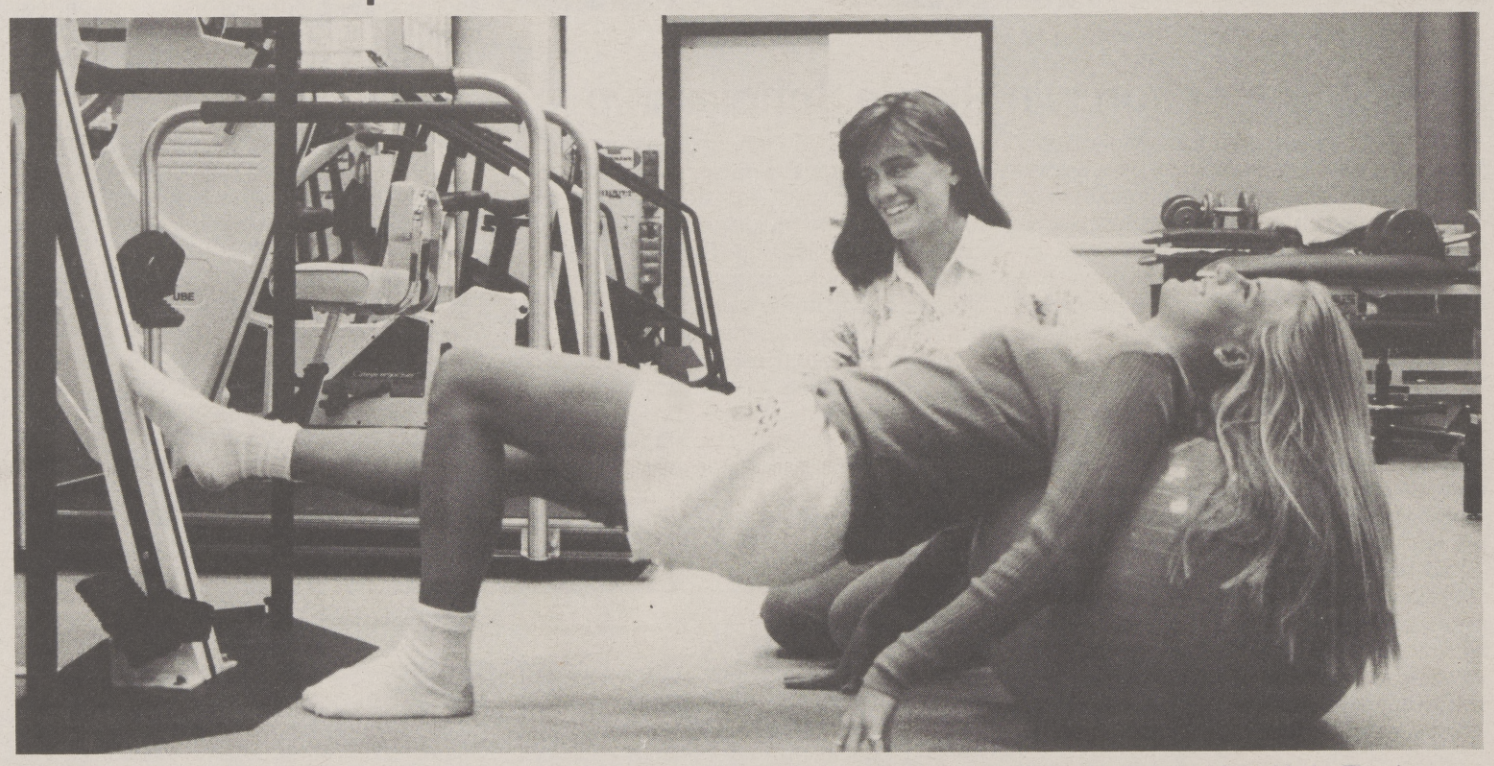
And the sergeant did not leave UCSF without a bit of memorabilia from his historic trip. Moczkowski furnished him with a UCSF T-shirt and baseball cap (and a bite to eat before the 2½ hour trip back).

Visit the new Sports Medicine Center September 14

If your path takes you through the remodeled l level of Millberry, no doubt you've taken note of the new Sports Medicine Center among the new tenants. Should you be interested in taking a look inside, that opportunity will come up on Tuesday, September 14, from 4 to 7 p.m. The staff of the Center is welcoming all members of the campus to stop in, meet the personnel, and find out the newest and latest in knee, shoulder, ankle, elbow and foot repair.

Although the facility is new, the program is not. The staff previously operated out of much smaller quarters in the old University Hospital building. Besides being much larger, the new facility has several excellent design features, not the least of which is its proximity to the Millberry Fitness Center. Once patients graduate from the formal physical therapy offered in the on-site gym of the Sports Medicine Center, there is the option of a limited membership to the Fitness Center to carry on a program of independent training.

The Center is under the direction of orthopaedic surgeon Dilworth Cannon, one of the nation's leading experts in the repair of the meniscus, the cartilage that acts as the knee's shock absorber. The meniscus often is torn in conjunction with an anterior cruciate ligament tear — frequently from playing contact sports. Basketball, he says, is a major culprit. Skiing is another one. As both these sports have gained in popularity, so has the incidence of ligament and cartilage tears. Fortunately, with the advances in arthroscopic techniques and treatments paired with physical therapy, patients can expect excellent recoveries and often return to the same level of activity.



In the Center's physical therapy room: Therapist Heidi Engel works with patient Lynsey Williams, a high school student from Marin. The doorway visible at the back of room leads to the Millberry Fitness Center.

Cannon, who also is president of the Arthroscopic Association of North America, is joined on the team by orthopaedic surgeons Harry Jergesen and Scott Dye, fellow Stephen Webber, family practice physician Delphina Clinch (who specializes in overuse injuries) and head physical therapist Heidi Engel. Plans call for extending the physician and therapist staffs.

The Center also has an affiliation with the Human Performance Testing Center located in Millberry.